

Child Development – Independent Study

Give these **websites** to extend your studying around Child Development

1. BBC Bitesize – Child Development

Link: <https://www.bbc.co.uk/bitesize/guides/z373g82/revision/7>

Covers key areas: pregnancy, childhood development, nutrition, safety, and learning.
Includes interactive quizzes and clear notes – ideal for quick revision.

2. A course summary:

Link: <https://www.youtube.com/watch?v=Koh2vLED4H4>

A brief outline of the entire course, including the portfolio requirements (this is from another education provider, but explains the course taught here at Red Balloon)

3. Quizlet – Child Development

Link: <https://quizlet.com/gb/213501156/child-development-gcse-revision-flash-cards/>

Flashcards for key terms, milestone stages, and exam definitions

4. NHS Start4Life

Link: <https://www.nhs.uk/start-for-life/>

Covers pregnancy, baby care, infant nutrition, and developmental health advice.

5. BBC Tiny Happy People

Link: www.bbc.co.uk/tiny-happy-people

Fantastic for watching real-life parenting scenarios, language development, and daily routines.

A few **podcasts** which might interest you

1. The Brain Architects (Harvard Center on the Developing Child)

Focus: Science of early brain development

Why it's good: Explains how experiences shape a child's brain architecture — perfect for understanding early development and care.

Link: <https://developingchild.harvard.edu/resources/podcasts/the-brain-architects-podcast-brain-architecture-laying-the-foundation/>

2. Parental as Anything (ABC Radio)

Focus: Real-life parenting questions, expert advice, and child behaviour

Why it's good: Accessible explanations of discipline, emotions, and developmental stages

Link: <https://podcasts.apple.com/gb/podcast/parental-as-anything/id1464488062>

3. That Early Childhood Nerd

Focus: Early childhood education and development

Why it's good: Fun, informal, but evidence-based discussions on milestones, play, and behaviour

Link: <https://www.thatearlychildhoodnerd.com/podcast>