

SPORTS

Organised sport has many physical, developmental, psychological and social benefits for children. Playing sport helps children learn to control their emotions and channel negative feelings in a positive way. Playing sport help children build resilience and feel better about themselves.

Our focus is on encouraging all our students to participate, to have a go, to be active, to learn, to achieve and to have fun together.

TERM 1	Badminton	
TERM 2		Uni hoc
TERM 3	Circuit training and dodgeball	
TERM 4		Short Tennis
TERM 5	Basketball	
TERM 6	 	Cricket and Rounders